



CAREGIVERS

The Buenaventura INTERFAITH Volunteer Program

Sponsored by the Sisters of St. Joseph of Carondelet

Fall 1991

Volume 8 Number 3

MEET A JOYFUL GIVER!



In this and subsequent issues of our newsletter, we will be highlighting the work of a particular coordinator in our program. We are pleased to tell you about Florence Multer. First, a little background information.

Florence attended Mount St. Mary's College and was a music major. She gave violin lessons to partially support her studies. It was at this time, that she met and married her husband, Hugh. They were married for 41 years and had two beautiful girls, Colleen and Michelle.

Moving to Ventura from Rolling Hills in 1979, Florence joined VOLUNTEER CAREGIVERS in January 1986 and has been a coordinator since 1987. Over the last five years, she has been matched with many people and has enjoyed the bonding that these liaisons have given her.

For the last three years, Florence has been serving a wonderful lady who is 87 years young. Almost every night, the phone lines are "a buzzin" with their good natured chatter talking over the days' events. Although,

Florence's friend is still very independent, she knows Florence is just a phone call away. Florence reiterates "She has taught me alot about living. Can you believe that? We have a wonderful time together."

With so much enthusiasm for people, Florence also volunteers at other places. When she is not involved doing her "good works", she likes to garden and read all kinds of books. Her home is full of life with three cats in residence and her faithful dog, Mei Ling.

Thank you for your many years of caring! In closing, may I quote from Kahlil Gilbran, "You give but little when you give of your possessions. It is when you give of yourself that you truly give."

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TO CARE AND SHARE . . .

I'd like to take this opportunity to thank all of you who have made me, as Director of Development feel so welcome my first few months with VOLUNTEER CAREGIVERS. I'm not only making new acquaintances, but am also reestablishing old ones. During my first days at the office, I was "introduced" to Joyce Cantrell and her mother Louise Forgey only to discover that we had been neighbors on Howard Street in the old "pre-mall" days of Ventura. Joyce is one of our volunteers who assists "behind the scenes". She comes in every Tuesday and spends the day in the office typing, writing letters, handling our "bulk mailing parties", answering the phone, running errands and other important, but glamourless activities. These activities, and others like them fall into a classification which we refer to as "program support". Many of our volunteers assist on a one-to-one basis and also provide volunteer time as "program support"-- others are interested in one or the other. If you are interested in participating by offering anywhere from two to eight hours per week, call me -- we can use your services.

• Salute to Distinguished Seniors

Our dinner Committee is looking for assistance as it swings into operation for the Second Annual "Salute To Seniors", to be held on January 25, 1992. Call Kate at 652-0566 if you'd like to help.

Ten Senior Citizens whose life's work has enriched the quality of life in Ventura County are selected and honored at this gala event. Look for more information on these deserving individuals in the coming months in your local newspapers. Specifics on the event will be covered in our December newsletter.

• Opportunities

One of my favorite songs has the line "I get by with a little help from my friends". Sounds as though it was written for VOLUNTEER CAREGIVERS, doesn't it? The phrase brings to mind not only the caregivers and the persons they serve, but those who help to assure the continuity of that support with their contributions.

The program has been primarily supported through grant funding over the past several years. Now that funding has been reduced, forcing us to become innovative in making ends meet. To accomplish this, we've come up with our Fund Development Program with activities for everyone. See insert for more info.

• VOLUNTEER CAREGIVERS Gift and Memorial Program

Do you or someone you know have a birthday, anniversary, or other special occasion coming up? Stumped for an idea? Would you like to honor the memory of a special friend? What better way of honoring that special friend or relative than to make a real difference in the lives of others. Buenaventura Interfaith Volunteer Caregivers' Gift and Memorial Contribution Program allows you to support its neighborly volunteer assistance to the frail, homebound elderly in the name of the person you wish to honor.

Please send your contribution to **Buenaventura Interfaith Volunteer Caregivers**, 261 No. Catalina St., Ventura, CA 93001 along with a note stating the name of the person who is to be honored, or call the VOLUNTEER CAREGIVERS office at 652-0566 and ask that a donor envelope, which contains all necessary information, be sent to you. Notification of the gift will be sent to the honoree and notification of the memorial gift will be sent to the family of the deceased.

• Donor Program

Your donations provide for our day to day operational expenses and allow us to furnish the personal, professional assessment component of our program as well as the supervision necessary for continual services to those in need. Our records indicate that it costs approximately \$800 on an annual basis to support the match of one volunteer and person served. Become a member of our Donor Program and assist us in supporting these matches. The various levels of membership support are as follows:

\$10 - \$49 per year	Membership
\$50 - 99 per year	Sponsorship
\$100 - \$500 per year	Patronage
\$800 or more per year	Benefactors

All levels of membership receive our quarterly newsletter. In addition, sponsors, patrons and benefactors are entitled to participation in any Volunteer Caregiver sponsored educational program throughout the year. Our patrons and benefactors are given special recognition at our annual Volunteer Dinner. Benefactors are honored at our "Tip of the Hat" Event.

PROGRAM NOTES . . .

• from Ventura

• A Volunteer's Story

"Being with the persons I have served has confirmed what life has taught me: that we must help one another! Volunteering has made me feel the awesome importance of just one person's contribution because sometimes I may be the only caring contact that person has with the outside world that day. Being with them is new each time. They have given me alot in return by making me feel needed and vital. Giving help to a complete stranger is such an accomplishment, and the relationship that develops, warms my heart. My husband, Sam, is supportive; realizing that giving to others is an important part of my life. Although it's hard to lose one of the persons I've served, I'm so enriched by the joy and the memories I've gained!"

Since 1987, Irene Luizzi, a retired Geriatric Nurse Specialist has been involved in the lives of four very special elders. Irene is one of our 170 people whose service makes a difference! She's "THERE" in so many extraordinary ways utilizing both her caring and her professional expertise. With gratitude, we thank you.

• Thank You

On Tuesday, October 1st , Caregivers will have the opportunity to say our BIG ♥ THANK YOU ♥ to each of our great volunteers during the Annual Volunteer Awards Dinner. Volunteers, you'll be receiving your personal invitation in the mail, but for now, **SAVE THE DATE!**

Some of our Volunteers have willingly accepted the additional responsibility of coordinating 10 to 20 "matches" each month. New "matches" are supervised through the office, and when the relationship between the Volunteer and the person being served is good and solid, a coordinator meets them and takes over, remaining available to the Volunteer in case of questions, difficulty or crisis. Over the next few issues, we'd like to introduce our super-generous coordinators. I hope you enjoy meeting these special, wonderful, behind-the-scenes Volunteers! Bless them all!

• Dog Lovers

H.A.R.T. is the Humane Animal Rescue Team at 524-4542 or 527-4774. If you, or someone you know needs to give up an older pet, or wants to adopt one, give H.A.R.T. a call.

• from Santa Paula

It's the summer, and people are playing and on vacation. I sense a kind of "halt in the action" attributed to this time of year. The phone is quieter but I am encouraged by a smoothly run program.

May I welcome our newest **volunteer**, Christine Luna, who works for the Tokyo International College as a receptionist. We're also pleased to announce Santa Paula's first coordinator, Dorothy Hutchinson, who will be helping in the office and with **supervision** of matches. Thank you, Dorothy!

The First United Methodist Church said good luck and goodbye to Rev. James Butler and hello to Rev. Tom Heslop who comes from Anaheim. It made me feel good not being such a newcomer and able to welcome him to charming Santa Paula. He has indicated his full support of our program. **WELCOME, REV. TOM!**

A couple weeks ago, I addressed the Chamber of Commerce and Sister Jane and I had the privilege of presenting a program to a widowed persons group at the lovely home of Lynn Morrison. So, the **VOLUNTEER CAREGIVER** ministry is getting to be known.

In July, we mailed out some evaluations to our persons served regarding our services. We were pleased with a 50% return of responses that let us know our volunteers are ministering well to the needs.

We received a fine letter from a lady who moved but appreciated our services: "The Caregivers has a fine organization of vouteers and I hope support for their activities will be continued .." On that note, may I reiterate that all donations are tax deductible and much appreciated!

Please be on the lookout for people who may need our services ... remember, you can pick up brochures at the office. The way we grow is to take that step in faith and **REACH OUT**. The elderly need to be recognized for their wisdom and worth and we can all learn from them.

Remember to put October 1, 1991 on your calendars as a very special night. It's our annual volunteer recognition dinner.

Till next time -- Carol Basralian

TO OUR GENEROUS DONORS, WE SAY THANK YOU

May 15, 1991 - July 25, 1991

INDIVIDUALS

Anonymous
George & Ellen Appel
Helen Backe
Virginia M. Baptiste
Jeanette C. Battey
Imogene Becker
Beverly Beitel
Ms. Susan Buchter
Eileen M. Burkart
Myrtle Chase
Barbara E. Clifford
W. Jon & G. Carol Cochran
Claude C. Coffman
Ms. Margurite Conroy
Ila DeRossett
Ellen Dick
Ethel M. DiMatteo
Jane DiSalvo
Natalie F. Drumm
Ellen B. Eden
Meta K. Ewens
Ilona Fulop
D. S. Gimblett
H. K. & Ruth Guthrie
William G. Hannah
J. L. & Agnes S. Harris
Mrs. H. Horn
Mary Jennings
Viola Jensen
Gilbert L. Kasik
Harold & Mary K. Kellogg
Mr./Mrs. Vernon Kelley
Susan Lacey
Mamie Lesky
Dr. & Mrs. Dennis Longwell
Dorothy E. McNulty
Sylvia Mack
Janet L. MacKinnon
Opal Mason
Sophie Mason
Constance L. Mathis
Ida G. Miller
Frances Mostert
Ruth V. Murray
Robert G. Nicklas
Margaret North
Jeanne Preston
Bruce & Catherine Reeve
Marion E. Reid
Kenn Ritza
M.H./Jean F. Robertson

Anna K. Roth
Valy Ruments
William/ Edith Ryall
Paul Schmitt
Betty J. Siegfried
Blanche M. Siegfried
Vivien A. Slazak
Nine F. Smith
Winnie Smith
Leona Stephens
Miye Muira Tee
Helen M. Thompson
Mrs. Silva Todd
Frederick A. Ulam
Bernice Welchon
Richard H. Wibbelmann
Helen E. Young

ORGANIZATIONS

Anonymous
Mound Wednesday Club
San Buenaventura Women's Club
The Church of the Foothills
Trinity Luthern Church

IN MEMORY OF:

Mabel Collina
by R. H. & Claire Drysdale

Dr. J. Austin Daly
Eugene W. Fickes
by Mr. & Mrs. Julius Gius

Ann Boggust
by B. F. & Kay Peterson

Antoinette V. Cresto
by Jean & Matt Robertson

Alberto DeLaTorre
by Gary Pontrelli M. D.

Mildred Ely
by Elizaabeth Seals

Michelle Fox
by Mary Belle Lanford

Grant Gillette
by Vicki Godeck

Jose O. Gutierrez Jr.
by Maria Theresa Gutierrez

Gerald Hendrick
by Jerry & Glenda Hendrick
by Dr. & Mrs. Robert N. Parrish

James Liff
by Idah W. Liff

Marjorie E. Lagomarsino
by William E. Dover
by Mary Hoffman

Archie J. McInnis
by Winifred T. McInnis

Joe Marigliani
by Carol Basralian

Joe Martinez
Bud Murphy
Henry Vaughn
by Mr. & Mrs. C.C. Richards

Tim O'Neill
Marilyn Pezzello
Carl Taylor
James Wingate
by Francis & Kathleen Robinson

Aard Warner
by B. F. & Kay Peterson

IN HONOR OF:

A Caring Staff &
Wonderful Advisory Council of AAA
by Susan Lacey

IN MEMORIAM:

Max Durham
Dearie Hampton
Mamie Lesky
Gerald "Jake" Smith
Cloe Sterns
Ferne Taylor

MESSAGES . . .

• from the Director

This last fiscal year ending in June revealed 12 months of dedicated service from our volunteers. Thanks to these wonderful people, our persons served received 37,678 hours of service in such areas as personal care, visiting, transportation, home management, phoning and respite care. Some other interesting statistics on those we serve: 74% are age 75 or older, 73% live alone, 31% receive no other help except through our program, 80% are female and 95% are on-going service matches one-on-one. 28 of our persons served died.

We found that our volunteers donated over 56,000 miles during these 12 months and contributed over 2800 volunteer hours each month. 94% of our volunteers gave one-on-one type services and 78% were female. 46% of our volunteers were age 60 or older.

We also recently completed an evaluation from our persons served. 36% were returned from Ventura with 97% "very favorable" results. Thank you for a wonderful year each and everyone.

• from the Director of Development

by Kate Mills

VOLUNTEER CAREGIVERS continues to be the best kept secret in the community. Because we are not yet widely known, many of those in need of assistance and those wishing to help are unaware of the program. Spreading the word is important to its growth and well-being. To do this, we not only need to increase the number of those who work on a one-to-one basis but also those who work behind the scenes in our various program support areas.

To meet our goal of increasing volunteer membership by 50% over the next 12 months we have scheduled our first **"Bring- A- Friend" potluck. on Wednesday, September 18th, from 11:30 to 1:00 p.m.** at Josephs. Bring your favorite salad dish and a friend or two who might be interested in our program! We'll supply the drinks and table service. Call 652-0566 and let us know you're coming. Subsequent gatherings will be the third Wednesday: Oct. 16th and Nov. 20th.

Calendar

Office closed Vacation	August 19th - September 2nd,
Coordinators' Breakfast	September 11th, 8:30 am @ Marie Callendar's
Exercise Class	Weds., starting September 11th, 10-11:00 a.m. Sponsored: Josephs
Board of Directors Meeting	September 17th, November 19th, 7-9:00 a.m.
55 & Alive	September 24th and 25th, 9:00 a.m.- 1:00 p.m. Sponsored: Josephs
Volunteer Dinner	October 1st
Coordinators' Workshop	Wed, October 9th, Salad Luncheon and Wkshop, 12:00 - 3:00 p.m.
Bring-A-Friend Luncheon	Sept. 18th, Oct. 16th, Nov. 20th 11:30 - 1:00 p.m. Pot Luck Salad Luncheon. No charge.
Advisory & Directors Board Mtg.	October 17th 7:30 - 9:00 a.m.
Fund Development Mtg.	October 21st 10:00 -11:00 a.m.

FAITH TO ACTION SERIES: "Bereavement: Recovering From Loss"

A look at the process of grieving, handling special days and events, coping creatively, health issues, coming to awareness and moving toward new horizons. For anyone who wants to develop trust and confidence in the future, or come to greater understanding so they can comfort others.

Part I: November 6th, Part II: November 13th, Weds., 1:00 - 3:00 p.m.

\$6 fee, no charge to volunteers;

A Caregiver Sponsored Event: no charge to our sponsors, patrons or benefactors.

Office Closed, Veteran's Day	November 11th
Coordinators Breakfast	November 13th, 8:30 am @ Marie Callendar's
Fund Development Mtg.	November 18th 10:00 - 11:00 a.m.

Buenaventura Interfaith Volunteer Caregivers

Sponsored by the Sisters of St. Joseph of Carondelet

Executive Director: Sister Patricia Callahan C.S.J.
Volunteer Director: Sister Jane Kelly S.N.J.M.
Volunteer Director for Santa Paula: Carol Basralian

Volunteer Caregivers: matched ... with ... the homebound

- reach out to the frail elderly in their own homes
- respite care to support the family caregiver
- share communlity resource information
- train & support volunteers in basic caregiving skills
- provide 2-4 hours weekly of neighborly, non-professional assistance with personal care, home management, social contacts, transportation

A Ministry in Ventura:

Community Presbyterian Church
Eastminister Presbyterian Church
First United Methodist Church
Knights of Columbus Council 2498
Our Lady of the Assumption
Catholic Church
Sacred Heart Catholic Church
San Buenaventura Mission
Sisters of St. Joseph of Carondelet
College United Methodist Church
Trinity Lutheran Church

A Ministry in Santa Paula:

St Sebastian's Catholic Church
First Presbyterian Church
St Paul's Episcopal Church
Assembly of God Christian Center
United Methodist Church
Santa Paula Christian Church-
Disciples of Christ
El Buen Pastor United
Methodist Church
Our Lady of Guadalupe
Catholic Church
Trinity Lutheran Church (M.S.)

Tax deductible contributions or memorials may be made to:
VOLUNTEER CAREGIVERS and sent to the Ventura Office

Ventura and Main Office:

261 North Catalina
Ventura, CA 93001
805-652-0566
M - F 9 a.m.- 4 p.m.

Santa Paula Office:

at St. Paul's Episcopal Church
117 No. 7th St.
Santa Paula, CA 93060
805-525-5006 M, W,Th 9-12 noon

Sisters of St. Joseph of Carondelet
Buenaventura Interfaith Volunteer Caregivers
261 No. Catalina St.
Ventura, CA 93001



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BUENAVENTURA INTERFAITH VOLUNTEER CAREGIVERS

PROGRAM SUPPORT OPPORTUNITIES

Interested in doing something for Volunteer Caregivers, but not sure what? Working committees have been formed to provide financial, educational and in-person working support to the program. These committees will provide ongoing activities for the individual whose interests lie in areas other than the one-to-one volunteer/person served match. Unlike the Army, I'm looking for many "good men" and women to help us! If any of the committees mentioned below sound interesting, please give Kate Mills a call at 652-0566 or check those committees and subcommittees of interest to you and return by mail, or in person, to the office.

Endowment Dinner Committee: This committee will provide personpower for the Endowment Dinner, scheduled for January 25, 1992. Subcommittees include:

- _____ a. Invitations-this subcommittee will hand address approximately 1000 invitations during the month of November. Qualifications: attractive handwriting.
- _____ b. Telephone Committee-this subcommittee will followup on the written invitations to those who have not responded.
- _____ c. Floral and Decorations Committee-this subcommittee will assist, under direction, in the assembling of floral table arrangements and other miscellaneous site preparations
- _____ d. Underwriter Committee- this subcommittee will contact various businesses to obtain in-kind donations(example: donations of flowers, printing, wine) or cash to reduce expenses of the dinner (example: facility charges, dinners, hors d'oeuvres)..these underwriters will become the sponsors of the evening.
- _____ e. Correspondence Committee-this subcommittee will handle all correspondence relative to the Endowment Dinner. Generation of Name tags, table cards, etc. for the event will also be the responsibility of this committee.
- _____ f. Hospitality Committee-this subcommittee will staff Sign In-Table & Hospitality Book.
- _____ g. Publicity Committee-this subcommittee will write and encourage timely news releases regarding the honorees, the event, the organization, etc.
- _____ h. Logistics and Program Committee-This subcommittee will be responsible for the overall "flow" of the evening

Community Cuisine Committee: This committee will provide the personpower for the Community Cuisine Dinner scheduled for Saturday, April 25, 1992.

- _____ a. Underwriter Committee- this subcommittee will contact various restaurants & businesses to obtain in-kind donations(example: donations of food, printing, wine, flowers, etc.) or cash to reduce expenses of the dinner (example: facility charges)..these underwriters will become the sponsors of the evening.
- _____ b. Correspondence Committee-this subcommittee will handle all correspondence relative to the Dinner. Generation of Name tags for the event will also be the responsibility of this committee.
- _____ c. Decoration Committee-this subcommittee will assist, under direction, in all decorations of the facility.
- _____ d. Ticket Committee-each member of this subcommittee will have the responsibility for the ticket sales for 1-2 tables (8-16 tickets)
- _____ e. Hospitality Committee-this subcommittee will staff the Hospitality Book and Ticket Table.

- _____ f. Publicity Committee-this subcommittee will provide timely news releases, posters, re: the event, the organization, etc.
- _____ g. Entertainment Committee-this subcommittee will be responsible for the "flow" of the evening and the entertainment

Other Committees in need of volunteers are:

- _____ Membership -this committee will have the responsibility of planning and organizing various events to encourage active participation of current volunteers and stimulate new volunteer participation in either program, program support or both areas. Examples:
"Bring A Friend" Potlucks
Canasta/Pinochle/Bridge, etc Card Parties
- _____ Group Donor Committee-this committee will approach service clubs, fraternal groups, etc. and obtain the commitment of the club(s) to provide one fundraising event with proceeds targeted to VOLUNTEER CAREGIVERS. Goal is to have one or more fundraisers per month sponsored by groups.
- _____ Grantsmanship Committee-this committee will regularly (once per week) research books, periodicals, etc. to discover possible funding sources
- _____ Bulk Mailing Committee-this committee provides support to the office by providing the work of collating, folding, and sorting of all quantity mailings. This usually occurs 1-2 times every 3 months.
- _____ Office Support Committee-this committee provides 1-2 hours or more daily (as desired by individual volunteer) of volunteer support to answer phones, xerox, file, etc.)

Public Relations Committee

- _____ Media Subcommittee-this committee will regularly distribute information regarding Volunteer Caregivers and Volunteer Caregiver events, to the media.
- _____ Speakers Bureau-this committee will respond to requests by civic groups for informational presentations regarding Volunteer Caregivers & generate requests.

This form may be returned to:
Volunteer Caregivers
261 N. Catalina
Ventura, CA 93001
805-652-0566